



# WORD OF LIFE CHURCH

## SERMON DISCUSSION QUESTIONS

God and Soul: A Miktam || Pastor Brian Zahnd || August 15, 2021

1. Did you grow up in a religious home? If so, to what degree was your family religious?
2. Describe a time when you went through a stormy season of life. What sustained you during that time?

Read Psalm 57:1-3

3. In your own words, how would you describe the human soul?
4. What does it look like for the soul to take refuge in God?
5. How does living in a secular world damage our souls?
6. What can we do to tend to the well-being of our souls?

Read Psalm 63:1-5

7. What things in your spiritual journey have you found to be holy?
8. What are the differences between religion as “keeping the rules” and religion as tending to our souls?
9. Pastor Brian said, “Healthy religion is the practices that keep your soul intentionally immersed in God.” What are some of the practices of healthy religion that you have learned to value in the last few years?
10. If there is one thing you could do, or stop doing this week, to tend to your soul, what would it be?